

# Newsletter

10 September 2018



**Millers Forest Public School**

**127 Martins Wharf Road**

**MILLERS FOREST NSW 2324**

**Ph: 49872520 Fax: 49874265**

**Email: [millersfor-p.school@det.nsw.edu.au](mailto:millersfor-p.school@det.nsw.edu.au)**

**Website: [www.millersfor-p.schools.nsw.edu.au](http://www.millersfor-p.schools.nsw.edu.au)**

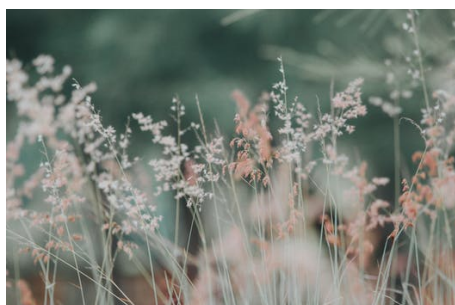
## **Virtues for Weeks 8 & 9**

Our virtue this week is **Respect**. We show respect by speaking and acting with courtesy. We treat others with dignity and honour the rules of our family, school and nation. Respect yourself and others will respect you.

Our virtue for next week is **Patience**. Patience is quiet hope and trust that things will turn out right. You wait without complaining. You are tolerant and accepting of difficulties and mistakes. You picture the end in the beginning and persevere to meet your goals. Patience is a commitment to the future.

**Week ten is our revision week.**

For more information about the virtues please go to [www.embracevirtues.com](http://www.embracevirtues.com)



## **P&C Meeting**

Our next P&C meeting will be on Thursday 13 September 2018 at 9.10 am in the library. All welcome. Please bring some morning tea to share.

## **Out of School Hours Care (OSHC) Survey**

Thank you to all the parents and caregivers who completed and returned the OSHC survey. Unfortunately 90% of parents/caregivers are not interested in this service for our school.

## **Interesting Art**

The Hawks explored 3D shapes and made them into animals last Friday. Some look very real.



### Out of Uniform – Trailer Day

Thank you to all the students who came out of uniform on Friday and donated something for our Country Fair trailer raffle.



### Premier's Spelling Bee



Congratulations to the four students who represented our school at the Premier's Spelling Bee last week. Matty and Chloe did especially well progressing to round four. Unfortunately, in Evan and Rex's rounds it was very difficult for them to hear the words from the adjudicator.



### National Child Protection Week - 2018

This week is **National Child Protection Week**. The Hawks class will be watching an interactive video conference on Cyber bullying at 10:00am. This is a growing problem of national importance for us all. This gives trolls an impact into our world for not only students, families and individuals but has devastating consequences for pre-teens and our teenage students. Talk to your children about this problem and be mindful of all online conversations your child is having or receiving.



*Mrs Phelps* – PRINCIPAL

<i>Important Dates to Remember</i>	
<b>P &amp; C Meeting</b>	<b>Thursday 13 September 2018 9:10am</b>
<b>Hunter Theatre – Little Mermaid Payment Due</b>	<b>Friday 21 September 2018</b>
<b>Millers Forest Public School Country Fair</b>	<b>Saturday 22 September 2018</b>
<b>Last Day of Term 3</b>	<b>Friday 28 September 2018</b>
<b>Students Return for Term 4</b>	<b>Monday 15 October 2018</b>
<b>School Photographs</b>	<b>Wednesday 24 October 2018</b>
<b>Hunter Theatre – Little Mermaid Excursion</b>	<b>Thursday 25 October 2018</b>



## *Assembly Awards*

<b>Week 6 – Term 3</b>	
<b>Citizenship Award</b>	<b>Axel</b> – Improved reading.
<b>PBL Award</b>	<b>Kalani</b> – Showing kindness towards others.
<b>Citizenship Award</b>	<b>Haydan</b> – Being friendly and considerate to others.
<b>Rainbow Lorikeets Class Award</b>	<b>Shamia</b> – Always trying her hardest in class.
<b>Rainbow Lorikeets Virtues Award</b>	<b>Alyssa</b> – Demonstrating kindness to her classmates.
<b>Bluebirds Class Award</b>	<b>Ben M</b> – Great focus and effort in maths.
<b>Bluebirds Virtues Award</b>	<b>Trey</b> – Always thinking of others and being kind.
<b>Hawks Class Award</b>	<b>Maddison</b> – A great effort in spelling activities.
<b>Hawks Virtues Award</b>	<b>Rhianna</b> – Being kind to others.
<b>Assembly Award</b>	<b>Haydan</b> – Listening well. <b>Ben M</b> – Great singing.
<b>Secret Compliment</b>	<b>Lacey</b> – Being a great role model.

## *Assembly Awards*

<b>Week 7 – Term 3</b>	
<b>Principal's Award</b>	<b>Skye</b> – Great investigations.
<b>PBL Award</b>	<b>Levi</b> – Always looking his best.
<b>Citizenship Award</b>	<b>Matilda</b> – Caring about others and the school environment.
<b>Rainbow Lorikeets Class Award</b>	<b>Ethan</b> – Outstanding work in mathematics.
<b>Rainbow Lorikeets Virtues Award</b>	<b>Mason N</b> – Cleanliness in the classroom.
<b>Bluebirds Class Award</b>	<b>Kelsey</b> – Great improvement in writing.
<b>Bluebirds Virtues Award</b>	<b>Georgia</b> – Helping to keep our classroom neat and tidy.
<b>Hawks Class Award</b>	<b>Rhianna</b> – A positive attitude and huge effort in all areas.
<b>Hawks Virtues Award</b>	<b>Mason JF</b> – Helping to make our classroom tidy.
<b>Art Award</b>	<b>Axel</b> – Great focus in art.
<b>Assembly Award</b>	<b>Katie</b> – Great singing.
<b>Secret Compliment</b>	<b>Willow</b> – Always showing kindness and helpfulness.



## **BING LEE THORNTON**

Simply purchase goods at Bing Lee Thornton and every dollar spent within our store will earn credits for your nominated school or community group.

By shopping at Bing Lee Thornton you can help your school or community group earn credits redeemable for any of the products we sell, assisting in much needed fundraising and upgrades.

Simply inform one of our friendly sales team when making your purchase and the points will automatically be assigned for you. It's that easy!

**HURRY IN AND EARN YOUR SCHOOL OR  
LOCAL GROUP POINTS AS EVERY DOLLAR COUNTS!**

Shop online at [www.binglee.com.au](http://www.binglee.com.au)



### **THORNTON**

Thornton Supa Centre  
Cnr New England Hwy & Thornton Rd  
Phone: 9781 3147

## **Good for Kids good for life**

### GUIDE TO HEALTHY EATING

Have you seen the Australian and the Aboriginal and Torres Strait Islander Guide to Healthy Eating? Children and adults should enjoy a wide variety of nutritious foods from the 5 food groups every day:

- Plenty of vegetables of different types and colours and legumes/beans.
- Fruit.
- Grain (cereal) foods, mostly wholegrain and high fibre varieties, e.g. pasta, rice, bread etc.
- Lean meats and poultry, fish, eggs, tofu, nuts and seeds.
- Milk, yoghurt, cheese and/or alternatives, mostly reduced fat (full fat milk for children under 2).
- And drink plenty of water.



Visit [www.eatforhealth.gov.au](http://www.eatforhealth.gov.au) for more information.



**PHONE 4924 6499**