

# Newsletter

19 February 2018



**Millers Forest Public School**

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## **Virtues for Weeks Four & Five**

Our virtue this week is **trust**. Trust is having faith in someone or something. It is a positive attitude about life. You are confident that the right thing will happen without trying too hard to control it or push to make it happen. Even when difficult things happen, trust helps us to find the gift or lesson in it.

Next week our virtue is **patience**. Patience is quiet hope and trust that things will turn out right. You wait without complaining. You are tolerant and accepting of difficulties and mistakes. You picture the end in the beginning and persevere to meet your goals. Patience is a commitment to the future.

For more information about the virtues please go to [www.embracevirtues.com](http://www.embracevirtues.com)



## **High School - Expression of Interest**

Year six students are required to fill in their high school Expression of Interest forms that have been sent home and return them to the office as soon as possible. These will be processed and sent off to the different high schools.

## **New Parking Lines**

Maitland City Council will reinstate the parking lines in the very near future.

## **School Contribution**

The School Contribution for 2018 is **\$45.00** per student. This contribution helps with the purchase of resources required by the students. It would be appreciated if this payment could be made at the school office as soon as possible. Parents can also pay online through the school's website.

## **Guitar Lessons**



Guitar lessons have started each Tuesday for students in Years 1 to 6. The cost of the lessons is \$50 per student – per term. This payment is to be made by direct deposit to the account of Paul Nickerson. Please contact Paul direct on Ph: 0413730915 to advise if your child/children will be participating in guitar lessons and to obtain his bank account details.

## **Morning Drop Off**

This week we are focussing on independence for all students. Part of these skills is for students to place their bags at their classroom and then go to play. Therefore, we respectfully ask parents not to stay with their child/children in the mornings as this is causing some students to cling and not separate from their parents. If you would kindly say goodbye to your child at the front gate and then encourage them to walk themselves into the playground that would be most helpful. *Mrs C Phelps* - PRINCIPAL

### Water 4 Life Challenge

Healthy Harold came to our assembly today to launch the Millers Forest Public School Water 4 Life Challenge! The Water 4 Life Challenge encourages students to only drink water across a two week period. Students still eat normally across the two weeks, but they try to cut out other beverages such as fizzy drink or juice. Students will begin the challenge today and the last day of the challenge will be Sunday, 4<sup>th</sup> March.

Hunter Life Education created the Water 4 Life Challenge to improve awareness of the health benefits of drinking water and to promote a healthy lifestyle. Through the Water for Life Challenge, we hope to raise enough money to cover the \$10 fee per student for the Life Education Van visit next term.

Students will bring home a Water 4 Life cash pledge sheet today. Please return the pledge sheet and money to the school office by Monday, 5<sup>th</sup> March. The P&C are supporting the challenge and will have water for the drink accompanying lunch orders this week and next week.

For more information about the Water 4 Life Challenge, check out the website <https://water4lifechallenge.org.au>

### Clean Up Schools Day

Millers Forest Public School will be participating in Clean Up Schools Day on Friday, 2<sup>nd</sup> March. Students will clean up around the school grounds to demonstrate our support for caring for the environment. The school will supply gloves for the students to wear during the clean-up.



### Harmony Day

Harmony Day is on Wednesday, 21<sup>st</sup> March. We will celebrate the day by having a special Harmony Day assembly at 9:00am. We would love for families to join us for the assembly. Students can come to school on the day in orange clothes - the Harmony Day colour.

### Opera House Recorder

Congratulations to Riley, Lacey, Alloriah, Kaiden, Chloe, Rhianna, Haydan, Eddie, Katie and Jemima who were selected to be in the Opera House Recorder Group this year. The students will perform at the Festival of Instrumental Music - Banksia Concert on Monday, 21<sup>st</sup> May at the Sydney Opera House. Mrs Tuyl and the group have already been busy practicing. This year, Mrs Bray will also go to the concert with the students. The P&C are organising a bus to transport the Opera House Recorder Group and accompanying family members to Sydney for the concert.

*Mrs C Bray* – Hawks' Class Teacher

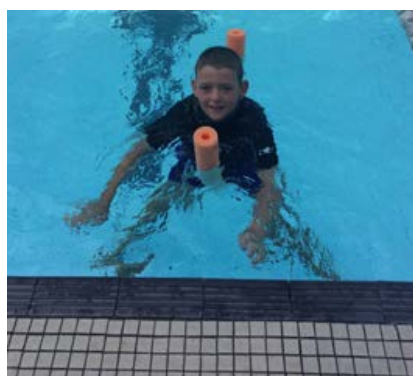
### Sporting Schools

Our Sporting Schools will begin this week. Along with our regular Touch Football on Friday, we are also participating in an Athletics program to help prepare for the athletics carnival at the end of the term. Below is a timetable of the sports throughout the term.

Week	Day	Date	Sport
4	Wednesday	21 <sup>st</sup> Feb	Athletics (Hawks)
4	Friday	23 <sup>rd</sup> Feb	Touch Football (All)
5	Wednesday	28 <sup>th</sup> Feb	Athletics (Hawks)
5	Friday	2 <sup>nd</sup> March	Touch Football (All)
6	Wednesday	7 <sup>th</sup> March	Athletics (Hawks)
7	Wednesday	14 <sup>th</sup> March	Athletics (Bluebirds)
7	Friday	16 <sup>th</sup> March	Touch Football (All)
8	Wednesday	21 <sup>st</sup> March	Athletics (Bluebirds)
8	Thursday	22 <sup>nd</sup> March	Athletics (Lorikeets)
8	Friday	23 <sup>rd</sup> March	Touch Football (All)
10	Wednesday	4 <sup>th</sup> April	Athletics (Bluebirds)
10	Thursday	5 <sup>th</sup> April	Athletics (Lorikeets)
10	Friday	6 <sup>th</sup> April	Touch Football (All)
11	Thursday	12 <sup>th</sup> April	Touch Football (All)
11	Friday	13 <sup>th</sup> April	Touch Football (All)

Well done to all the students who represented our school at the Small Schools Swimming Carnival on Friday, 9<sup>th</sup> February. The supporters cheered very loudly and enjoyed participating in the novelty event. The competitors tried their absolute best and did themselves and the school very proud with some great results. All students were extremely well behaved and were fantastic role models for the school. Thank you to all the parents and carers for transporting students to and from the carnival and helping out with timekeeping. And thank you to Eddie and Evan for the terrific photos.





Mr T Walker





Sports Co-Ordinator & Lorikeets' Class Teacher

## PBL

PBL (Positive Behaviour for Learning) is a whole school approach to behaviour management. Our PBL rules explicitly teach behaviour expectations that aim to achieve consistency of behaviour choices throughout the school. We have established three values - Be Respectful, Be a Learner and Be Safe, and within these values, are three clear rules or 'expectations' we expect in all areas of our school. Each Monday morning a new PBL focus will be introduced for the week. This PBL focus will be explicitly reinforced and taught throughout the week.

Students receive 'Green Trees' for demonstrating the expected behaviours, and attach them to a chart. Students accumulate these trees and will move through a set of awards and receive rewards for their achievements. Rewards for achieving their awards are an ice-block, sporting equipment, a book, lunch with Ms Phelps, and the Badge of Excellence.

*Mrs R Crichton* - Bluebirds' Class Teacher

 <b>Millers Forest Public School</b> <b>CODE OF CONDUCT</b> <b>Think. Grow. Achieve.</b>	
	<b>Be Respectful</b> <ul style="list-style-type: none"> <li>❖ Follow all adult instructions</li> <li>❖ Be kind and considerate</li> <li>❖ Friendly talk</li> </ul>
	<b>Be a Learner</b> <ul style="list-style-type: none"> <li>❖ Do your best</li> <li>❖ Listen carefully</li> <li>❖ Be ready - Be on time</li> </ul>
	<b>Be Safe</b> <ul style="list-style-type: none"> <li>❖ Keep your hands and feet to yourself</li> <li>❖ Walk on hard surfaces</li> <li>❖ Use all equipment safely</li> </ul>

## *Important Dates to Remember*

<b>Clean Up Schools Day</b>	<b>Friday</b> <b>2 March 2018</b>
<b>Young Leaders Day</b>	<b>Monday</b> <b>12 March 2018</b>
<b>High School –Expression of Interest Due</b>	<b>Friday</b> <b>16 March 2018</b>
<b>Harmony Day</b>	<b>Wednesday</b> <b>21 March 2018</b>
<b>Opera House Recorder Festival</b>	<b>Monday</b> <b>21 May 2018</b>