

Newsletter

15 May 2017



Millers Forest Public School

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Virtues for Weeks Four & Five

This week our virtue is **Assertiveness**. Being assertive means being positive and confident. You are aware that you are a worthy person with your own special gifts. You think for yourself and express your own ideas. You know what you stand for and what you won't stand for. You expect respect.

Next week our virtue is **Flexibility**. Flexibility is being open to change. You consider others' ideas and feelings and don't insist on your own way. Flexibility gives you creative, new ways to get things done. You get rid of bad habits and learn new ones. Flexibility helps you to keep changing for the better.

For more information about the virtues please go to www.embracevirtues.com



Tocal Field Days Tea Shop

Thank you to the P&C, parent and student volunteers who worked so hard at the tea and coffee shop at the Tocal Field Days. The P&C made a profit of over \$6000.00 which will go directly back into purchasing resources for your children. All the hard work is most appreciated by everyone.

Garden Improvements

Thank you to Sherry Johnson for transforming our gardens over these past weeks. Sherry has done a wonderful job of making our school an orderly, beautiful environment.



Principal's Conference

Ms Phelps will be attending a Principal's Conference on Thursday and Friday of this week.

C.P.R./Anaphylaxis Training

All staff will be updated in C.P.R. and Anaphylaxis training on Friday morning, 26th May. This training is updated annually. The training will take place from 9.00am until 11.30am.



Mother's Day Stall

Thank you once again to our very active P&C who provided such a variety of presents for purchase at the Mother's Day Stall.



Miss Barnett

We would like to welcome Miss Barnett who is completing her Internship on the Hawks class this term.



NAPLAN – 2017

Congratulations to all the students in years three and five who sat the NAPLAN tests this year. The tests were very challenging compared to previous years.

Knockout Soccer

Our Knockout soccer game will take place this Friday, 19th May at Thornton soccer fields. Good luck to our team who play against Bobs Farm Public School.

Zone Cross Country

Thank you to Tyrone, Ryley B, Riley F and Eddie who represented our school at the Zone Cross Country on Friday, 12th May.

Zone Touch

Thank you to Kaiden and Ryley B for representing our school at the touch football trials last week.

Important Dates to Remember

Guitar Payment Due	Tuesday 23 May 2017
Young Leaders Day	Wednesday 24 May 2017
Small Schools Athletics Carnival	Friday 9 June 2017
Life Education Van	Thursday 15 June 2017

Good for Kids good for life

INCIDENTAL PHYSICAL ACTIVITY

It all adds up! Physical activity doesn't just mean team sports. There are simple and cheap ways to get your kids active.

Children should be getting at least 60 minutes of moderate to vigorous activity (that is activity that makes them "huff and puff") across the day. Whether it be walking, riding a scooter, cycling or even playing hide and seek! It all adds up.

Here are some ideas to keep your kids entertained during those cold winter months:

- Playing games like 'Simon Says', and 'Hide and Seek' in the backyard
- Walking or cycling to and from the local park, shops or school
- Taking the dog for a walk
- Playing games with siblings such as skipping, hopscotch or handball

These activities don't require any uniforms, expensive sporting equipment or registrations.

Check out this activity diary to keep track of how much physical activity your kids are getting: <https://www.healthyschools.nsw.gov.au/kids-teen/kids-activities/activity-diary.aspx>

<i>Assembly Awards</i>	
Week 2 – Term 2	
Principal's Award	Ryley B & Ryan – Outstanding help to your school.
PBL Award	Maddison – Using the virtues to improve her behaviour.
Citizenship Award	Trey – A positive attitude towards all school activities.
Rainbow Lorikeets Class Award	Willow – Excellent concentration & improvement in counting.
Rainbow Lorikeets Virtues Award	Braiden – Being determined to finish all of his work to a high standard.
Bluebirds Class Award Bluebirds Virtues Award	Matilda – Improvement in Mathematics thinking. Kelsey – Practising consideration & joyfulness in our class.
Hawks Class Award Hawks Virtues Award	Riley F – A strong, well-structured persuasive text. Rhianna – Joyfully trying new things.
Art Award	Mason J-F – Excellent effort in Art.
Assembly Award	Eddie – Excellent first try at doing the music.
Secret Compliment	Levi – For being a kind friend.

<i>Assembly Awards</i>	
Week 3 – Term 2	
Principal's Award	Kaiden – Outstanding school leadership.
PBL Award	Benjamin S – Improved concentration when working.
Citizenship Award	Xavier – Keeping our playground tidy.
Rainbow Lorikeets Class Award	Mason M – Completing all set tasks, one at a time, to a high standard.
Rainbow Lorikeets Virtues Award	Ben M – Great sounding out in his writing.
Bluebirds Class Award Bluebirds Virtues Award	Maddison – Independently completing writing tasks. Skye – Being purposeful in class & completing tasks.
Hawks Class Award Hawks Virtues Award	Charlotte – Carefully drawing an accurate, detailed illustration. Corben – Having a clear vision of what he wants to accomplish.
Art Award	Cooper – Improved Artwork.
Assembly Award	Benjamin S – For entering the assembly sensibly.
Secret Compliment	Tyrone – For being kind to his friends.

Transition to the New NSW Public Schools' Finance System and a New Bank Account

Dear Parents and Carers

Millers Forest Public School will transition to the new NSW Public Schools' finance system and a new bank account on **24 July 2017**.

To ensure a smooth transition, there will be changes to the way we accept payments from parents and carers.

- **Cash and cheque payments:** Between **17 July 2017** and **24 July 2017**, we will not be able to accept payments by cash or cheque as we prepare to close our current bank account and transition to the new one. This is the first week and part of the second week of Term 3. Please ensure that you have made any outstanding cash or cheque payments before **30 June 2017** (the last week of Term 2). From **25 July 2017**, cash and cheque payments will be accepted as before.

Thank you for your patience and understanding as we transition to our new finance system. If you have any questions, please contact Millers Forest Public School on Ph. 4987 2520