

Newsletter

7 November 2016



Millers Forest Public School

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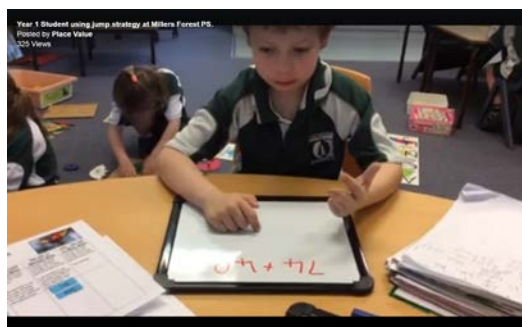
Website: www.millersfor-p.schools.nsw.edu.au

A Wonderful Small School



This is our wonderful Year 1 student Trey performing the split strategy in maths. This footage has had over 6000 hits. Educationalists across the state have been delighted to see this strategy executed so well by a Year 1 student. Please feel free to visit this site at:

<https://www.facebook.com/Placevalue0123/videos/645531848956566/>



This is our wonderful student Koen Stevens-Lee demonstrating the jump strategy in maths. Educationalists across the state have been delighted to see this strategy executed so well by a Year 1 student. This video has reached 819 people. Please feel free to visit this site at: <https://www.facebook.com/Placevalue0123/videos/645532768956474/>

Other students' footage to be uploaded includes Matty. We are so proud of these and many more Millers Forest PS students who are highly engaged in achieving their best.

This wonderful small school has had an increase of enrolments of over 30% since 2014. I was amazed at the wonderful caring attitude of students towards each other at this school. I remember Phoebe carrying a kinder buddy around with her last year and at that point I realised what a warm caring environment Millers Forest PS is. I am so proud of all the children here. Well done!

External Validation Process

Our school presented a strong profile for external validation. Our four project areas of Early Action for Success and PLAN, PBL, L3 and TEN, and Quality Teaching were validated by the panel. Congratulations to our team of teachers and the community for a job well done.

Kindergarten Orientation

Kindergarten Orientation will be on Wednesday, 9th November, 2016 at 10:00am.

We are looking forward to welcoming our new Kinders. We are expecting upwards of 14 new kinder students for 2017. The P&C will be providing light refreshments.

Millers Forest Writing Competition

Many students have brought in their writing competition entries. The competition closes on Wednesday, 16th November 2016. Great prizes to be won!

Virtue of the Week

This week the virtue will be **'thankfulness'**. This means being grateful for what we have. It is an attitude for learning loving and being. Appreciate the little things that happen around you and within you every day. Think positively. Thankfulness brings contentment.

Inclusiveness

Students have been asked to focus on **inclusiveness** when playing in the playground. They realise that being welcome and included in play is a very good feeling to have. Students have been giving examples at assemblies of how other students have exercised inclusiveness during recess and lunch. Green trees have been awarded to those who have been inclusive of others.

Remembrance Day 11 November

Maitland RSL sub-Branch Remembrance Day Memorial Service 11th November 2016

This year Remembrance Day falls on Friday, 11th November 2016, and the annual Remembrance Day memorial service of commemoration will be held at the WW1 Cenotaph in Maitland Park starting at 10:35am and finishing about 11.20am.

Uniform

Please remember that students should wear **black** shoes to school with the exception of sport day when children can wear white joggers.

Transition Events for Francis Greenway High School

- Wednesday, 23rd November-Jump start/Aboriginal Orientation 9.00am-11.30am
- Wednesday, 30th November-Parent Information evening from 5.15pm. PLEASE NOTE THERE IS NO DISCO THIS YEAR.
- Tuesday, 6th December-Orientation Day 9.20am-2.30pm.

Mr Egan — Relieving **PRINCIPAL**

Light Show

Years 4-6 students enjoyed the Museum Express show 'Light Fantastic' last Wednesday, 2nd November. The students had fun learning about different ways to see, generate and explore light. The presenter was very impressed by the thoughtful questions the students posed. Well done boys and girls!



Debating

The Millers Forest Public School Debating Team will have a debate against Glen William Public School on Tuesday, 22nd November at 11am. The debate will be an impromptu debate. This means that the teams decide on the topic an hour before the debate and then prepare their case. All the best to our debaters: Tayisha, James, Tyrone and Nic.

School Captains 2017

Year 5 students at Millers Forest Public School have been given an information sheet about the 2017 School Captain selection process. Please see Mrs Bray if another sheet is needed. As part of the School Captain selection process, Year 5 students have been asked to develop an election campaign. Look out for their campaign posters to be displayed outside the Hawks' classroom soon. The students and staff will vote for the 2017 School Captains on Wednesday, 16th November after hearing the Year 5 students' speeches. The School Captains for 2017 will be announced at Presentation Night on Thursday, 15th December, 2016. Good luck preparing your campaign, Year 5.

Cathy Bray - Hawks Class Teacher

Important Dates to Remember

Kindergarten Orientation	Wednesday 9th November, 2016 10:00am – 11:00am
2017 School Captain Speeches and Voting	Wednesday 16th November, 2016
Debating –Millers Forest PS & Glen William PS	Tuesday 22nd November, 2016 11:00am
Fun Day	Wednesday 7th December, 2016
Year 6 Presentation	Tuesday 13th December, 2016
Presentation Night	Thursday 15th December, 2016

Assembly Awards

Week 3 – Term 4	
Principal's Award	James – Improved maths work in all areas.
PBL Award	Tyrone – Being a positive role model.
Citizenship Award	Chloe – Organising & supporting the young students.
Rainbow Lorikeets Class Award Rainbow Lorikeets Virtues Award	Koen – Working hard & improving his reading. Isaac – Always demonstrating beautiful manners.
Bluebirds Class Award Bluebirds Virtues Award	Cooper – Outstanding mental maths recall using addition strategies during the weekly TEN activity. Charlotte – Courtesy – Always being polite & having good manners.
Hawks Class Award Hawks Virtues Award	Lauchlan – Displaying creativity & initiative in his learning. James – Always being polite & courteous.
Mr Egan's Awards	Mason J & Katie – Writing subtraction & addition number sentences for four addends. Chloe W – Superb playing of the glockenspiel.
Art Award	Lacey – Continued great art improvement.
Fitness Award	Ryley B – Great dancing.
Assembly Award	Chloe W – Great glockenspiel
Secret Compliment	Ryley B – Great sportsmanship in soccer.

Assembly Awards

Week 4 – Term 4	
Principal's Award	Blake – A well written narrative.
PBL Award	Tayisha – Confidently trying new things.
Citizenship Award	Blake – Setting a good example.
Rainbow Lorikeets Class Award	Karla – Being focused & getting quality work done.
Rainbow Lorikeets Virtues Award	Cohen M – Knowing the right thing to do & doing it.
Bluebirds Class Award	Eddie – For improved complex sentences during independent writing.
Bluebirds Virtues Award	Katie – having a positive & confident attitude towards herself & freely expresses her own ideas.
Hawks Class Award	Lacey – Commendable results in Mathletics.
Hawks Virtues Award	Rhiannon – For being positive & confident.
Art Award	Isaac – A beautiful dragonfly artwork.
Fitness Award	Malcolm – Listening to leaders instructions.
Secret Compliment	Eleanor – For being kind & sharing.

Another photo from the Light Show at Millers ...



Good for Kids good for life

ICE ICE BABY - FOOD SAFETY

As the summer days get warmer so does the temperature inside your child's lunchbox. Warm lunchboxes increases the risk of food borne illnesses.

The food packed for child's lunch can be stored within the lunchbox for several hours prior to being eaten. A study by NSW Food Authority has shown that on a 25°C day temperatures for lunch packed without an ice brick can rise up to 12°C higher and produce 14 times as much bacteria as those packed with an ice brick or frozen drink.

Over summer make sure you pack an ice brick or a frozen drink with your child's lunch, and if possible use an insulated lunchbox as well!



PHONE 4924 6499

Good for Kids good for life

THE BENEFITS OF LIMITS

Small screen entertainment can be convenient; however Australian children are spending more time than recommended watching screens. Excessive screen time can reduce both physical activity levels and concentration levels and contributes to increased weight gain.

Here are some tips on ways to reduce screen time in your household:

- Set limits on the duration of screen time in one sitting, 20mins is a good place to start.
- Only switch the TV on for specific shows, do not leave it on in the background.
- Role model the behaviour that you would like to see in your child – there is no better example than YOU!



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